

"how to change your life and still make it to lunch"

transformational talk

by harry sideropoulos

As a teenager, Harry always wanted to be in entertainment, not subscribe to corporate pigeon-hole structures, take leisurely lunches without the angst of having to get back to work, lose weight and become an award winning actor. So you're probably thinking, 'Pick a number and stand in line Mr Sid.'

Well, through a 45-minute inspirational talk, Harry takes the audience on a thought-provoking and hysterically funny personal journey of Greek madness and over-catered Sunday lunches, leaving his comfort zone of the radio to follow his dream, finding his truth, winning a Naledi Theatre Award for 'Hairspray', severing the perpetual umbilical cord, losing 52 kilo's and finally accepting that he has all the right not to be, who he isn't!

"How to change your life and still make it to lunch" sees Harry talking about his own 'Rude Awakening'. It's honest, sincere, theatrical and very, very funny, succeeding to inspire even the biggest of skeptics.

"I thought it was going to be another one of those Dr Phil-like talks, but Harry blew me away!"

Annette Botha - *Teacher*
Bedfordview

"He speaks from his heart. Very moving"

Chantal Stevenson *Personal trainer*
Craighall Park

"He's hysterical and so entertaining"

Jonathan Bottler *Student at Wits*
Kensington

"I wanted more when it was over."

Eloise Righter *IT Call Centre*
Rivonia

Seen by over 3,000 South Africans, make **"How to change your life and still make it to lunch"** an integral part of your corporate event.

"You have every right not to be who you are not!" **Harry Sideropoulos**

